

interstuhl

GOAL





**GOAL.**  
**JUST GOOD!**

**Goal is a top-quality all-inclusive solution for everyday ergonomic relaxation.** This classic chair lets you unwind at work and makes it easier to handle everyday tasks successfully and with greater appreciation. Our everyday life is made up of the things that surround us all day long and changes do not simply occur – they are a result of how we handle things. Goal puts you in a position to turn expertise into success. Its variations are as diverse as the persons using them; Goal emphasises the language of the individual corporate identity in various ways, yet always in a pleasant manner. Each position has its own story.



**Whoever does fair work deserves fair relaxation:**

if you wish, we can put you in the right position, 360 days a year. Goal is an office chair that wants to please all people. And it can, too. Goal gives its best, for all those who give their best and have many other financial plans in mind.



102G

Swivel chair low,  
synchronous mechanism,  
back height adjustment,  
weight adjustment,  
black polyamide base  
(armrests optional)



152G

Swivel chair medium,  
synchronous mechanism,  
back height adjustment,  
weight adjustment,  
black polyamide base,  
(armrests optional)



322G  
302G (without headrest)

Swivel armchair high with headrest,  
synchronous mechanism,  
back height adjustment,  
weight adjustment,  
black polyamide base,  
(armrests optional)







195G

Counter chair,  
Glides and footring,  
Ø 470 mm,  
(armrests optional)



152GM

Swivel chair (ESD antistatic),  
medium high,  
(armrests optional)



# GOAL. FLEXOBALANCE.

**A new feeling that takes the rigidity out of sitting.** Together with the synchronous mechanism, Goal FlexoBalance allows the seat to move in further directions, providing an active, ergonomic sitting experience. The freedom of movement in every direction improves the circulation, stimulating the blood supply to the intervertebral discs and back muscles. The active seat mechanism can easily be deactivated if required.

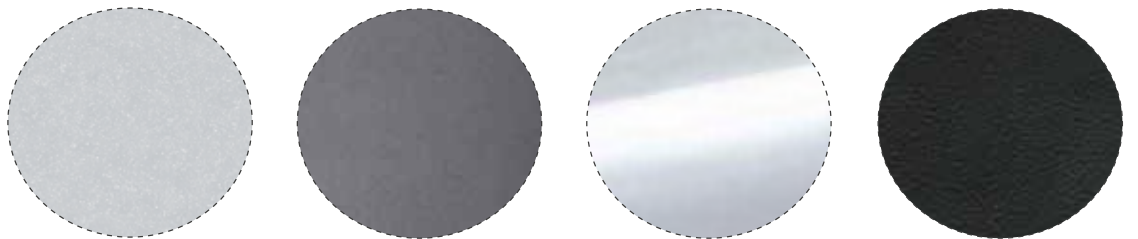


156GW

Swivel chair,  
FlexoBalance element,  
lockable  
(armrests optional)



Easily adjusted to your weight, large weight range of 45 kg – 130 kg



Base designs in brilliant silver,  
aluminium black, polished,  
black polyamide

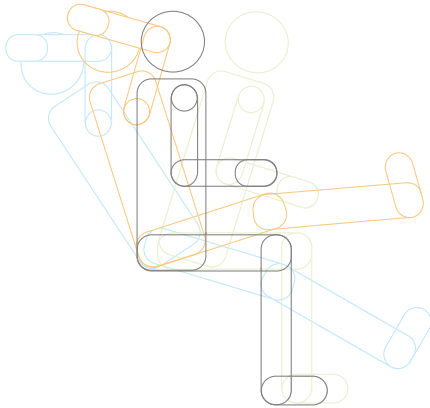
**THE NEXT POSITION IS THE BEST**

**FROM THE SEATING SPECIALISTS**

Fact: from an anatomical point of view ergonomics means movement because movement is a critical part of office health. It is a law of nature that effective work processes are one of the most important sources of value-added in the company. Back problems are the greatest causes of absenteeism. A good chair will not heal your back but it is good preventive medicine and eases the pain for those who already suffer. What does an Interstuhl chair do? The patient therapist offers support in each posture. It generates a feeling of well-being in all positions and brings measurable relief.

Naturally, the courage to follow our philosophy of dynamic sitting has meant a break with all the old rules: majestic, immaculate and bolt upright vs. the new philosophy of doing it with gusto, reclining, lounging, looking out the window, concentrating.

“You can sit however you want. Just sit on the right chair.” Each new product development with leading research institutes reconfirms this and it is substantiated by scientific input. The result: Interstuhl chairs accommodate every posture so ergonomically that maximum support is ensured.



**1. Synchronous mechanism**

The synchronous movement of the seat and backrest provides optimum support for the back in every position; the push effect is eliminated.



**2. Mechanical sprung column**

This ensures that the spine, which is very sensitive to vertical jolts, is not subjected to excessive loads when sitting down, even at the lowest seat height.



**3. Base seat height setting**

The seat height is a precondition for good sitting. The base seat height adjustment extends the DIN-defined adjustment range and allows ideal sitting for short or tall users.



**4. Weight adjustment**

The individually adjustable counter-pressure of the backrest permits correct sitting for both light and heavy users.



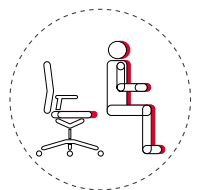
**5. Back height adjustment**

The support range for the lumbar spine can be ideally adjusted to the height of the user.



**6. Seat depth adjustment**

Regulates the distance between the backrest and front edge of the seat, thus providing optimum support for the upper thighs; even for taller users.



**7. Adjustable seat inclination**

Multiple adjustment of the seat in a forwards direction stops the pelvis from tilting back. This relieves the spine and avoids a poor posture.



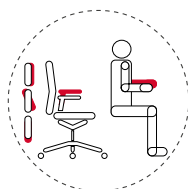
**8. Adjustable lumbar support**

The horizontally adjustable lumbar support adapts to the individual curve of the lumbar spine; this reduces the muscle strain.



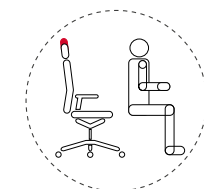
**9. Adjustable armrests**

Height adjustment to take the strain off the neck muscles. Width adjustment and pivoting for optimum support angle, depth adjustment for optimum distance to the desk.



**10. Headrest**

The neck and shoulder muscles are relieved by the headrest when you lean back.







400G

Four legs,  
stackable  
(frame brilliant silver optional)



560G

Cantilever frame with  
armrests,  
(frame chromed optional)



Goal sprung from the Industrieformen studio of Hans-Georg Piorek. "Never believe that something is good enough." This is the idea behind the products of the designers Piorek, this idea is the link between accepting the proven and attempting as yet untried aspects. Goal is the successful realisation of a series-compatible, simple, pleasant yet striking office chair that couldn't be made in a higher quality. The modern, sturdy mesh design is a new feature for 2007.

Product-Design: Hans-Georg Piorek  
© interstuhl.



**102G**

Swivel chair  
low

**152G**

Swivel chair  
medium high  
(armrests optional)

**302G**

Swivel armchair  
high  
(armrests optional)

**322G**

Swivel armchair high  
with headrest  
(armrests optional)

Backrest height in cm (approx.)	43	53	64,5	64,5
Plastic colour black	•	•	•	•
Polyamide base black	•	•	•	•
Aluminium base black / brilliant silver / polished	◦ / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦	◦ / ◦ / ◦
Tubular steel frame black / brilliant silver / chromed	–	–	–	–
Synchronous mechanism	•	•	•	•
Base seat height setting	◦	◦	◦	◦
Mechanical sprung column	◦	◦	◦	◦
Weight adjustment	•	•	•	•
Back height adjustment	•	•	•	•
Seat depth adjustment	◦	◦	◦	◦
Adjustable seat inclination	◦	◦	◦	◦
Adjustable lumbar support	◦	◦	◦	◦
Headrest	–	–	–	•
2D T-armrests, adjustable in height and width	◦	◦	◦	◦
4D T-armrests, adjustable in height, width and depth, rotatable	◦	◦	◦	◦
Double castors hard / soft	• / ◦	• / ◦	• / ◦	• / ◦
Glides hard / soft	◦ / ◦	◦ / ◦	◦ / ◦	◦ / ◦
Glides hard / soft	–	–	–	–
Sit-stop-castors	–	–	–	–
Stackable (6 pieces)	–	–	–	–

• Standard ◦ Option – Not available

# PRODUCT OVERVIEW.



**195G**

Counter chair,  
Glides and  
footring,  
Ø 470 mm  
(armrests optional)



**152GM**

Swivel chair  
(ESD antistatic),  
medium high  
(armrests optional)



**156GW**

Swivel chair,  
FlexoBalance  
element, lockable  
(armrests optional)



**400G**

Four legs,  
stackable



**450G**

Four legs with  
armrests,  
stackable



**510G**

(or Fig. 500G)

Cantilever frame



**560G**

(or Fig. 550G)

Cantilever frame  
with armrests

53	53	64,5	52	52	52	52
•	•	•	•	•	•	•
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○	-	-	-	-	-	-
-	-	-	•	•	only 500G	only 550G



3 year full warranty,  
5 year long-term  
warranty



Quality produced  
for the  
environment



Ergonomics  
approved  
(Swivel chairs)



Tested for  
contaminants



Tested  
safety



Quality  
Office



Bifma e3  
level Platin



The  
Blue Angel

